

+ ALL DAY BREAKFAST

SOURDOUGH	8
YOUR CHOICE OF RYE OR SOURDOUGH SERVED WITH BUTTER, MIXED BERRY JAM, PEANUT BUTTER, OR VEGEMITE.	
EGGS YOUR WAY	15
(POACHED, FRIED OR SCRAMBLED +\$1) SERVED ON TOAST WITH FRESH HERBS <i>GFO DF V</i> ADD ON EXTRAS TO CREATE YOUR ULTIMATE BREAKY.	
RED PESTO SCRAMBLE	23
SCRAMBLED EGGS WITH ROASTED CAPSICUM PESTO, HALOUMI CHIPS, GRILLED TOMATO SERVED ON THICK CUT SOURDOUGH TOAST. <i>GFO DFO V</i>	
JAPANESE PANCAKE	22.5
POACHED PEAR, NUT BRITTLE, COCONUT ICE CREAM. <i>GF V</i>	
Avo ON TOAST	23
AVOCADO WITH TOMATO, PICKLED RADISH, ZAATAR ROASTED SEEDS, HERBED LABNEH ON THICK RYE TOAST. <i>GFO VGN</i>	
POTATO HASH BENEDICT	25.5
CURRY POTATO WITH BABY SPINACH, POACHED EGGS, HOUSE MADE HOLLANDAISE, AND YOUR CHOICE OF ROASTED MUSHROOM, BACON OR HOUSE CURED SALMON. <i>GFDFO V</i>	
GRAVLAX ON RYE	23.5
HOUSE CURED SALMON, CASHEW CREAM CHEESE, SALSA VERDE, RED ONION & CAPER BERRIES ON THICK CUT RYE TOAST. <i>GFO DF</i>	
BREAKKY BURGER	21.5
YOUR CHOICE OF BACON, MUSHROOM OR HALOUMI. TOASTED BUN, SPINACH, CARAMELIZED ONION, TOMATO AND FRIED EGG. <i>GF V</i>	
TOFU DONBURI	23
SALT AND PEPPER TOFU, EDAMAME, PICKLED GINGER, LEAVES & FURIKAKE ON BROWN RICE <i>V VGN DF GFO</i>	
BREAKKY GNOCCHI	23
PAN ROASTED GNOCCHI, WITH PUMPKIN PUREE, TOASTED PINE NUTS, POACHED EGG AND SAGE DUST. <i>V VGO GFDF</i>	
MYLK BAGEL	19.5
VEGAN BAGEL WITH VEGAN HERB, MAYO, SPINACH, TOPPED. WITH A SOFT FRIED EGG AND HERBS. CHOICE OF BACON, MUSHROOM, OR HALLOUMI <i>VO VGNO</i>	
CROQUE MADAME	25
TOASTED SOURDOUGH, MOZZARELLA, TOMATO, FRIED EGG, HERB MAYO WITH THE SIDE OF FRIES. CHOICE OF: BACON, MUSHROOM OR HALLOUMI <i>DFO GFO VO</i>	
MENEMEN	23
HOUSE SMOKED BEANS, SOFT POACH EGG, CAPSICUM OIL, ROAST CHERRY TOMATOES, FRESH HERBS SERVED WITH THICK CUT SOURDOUGH. <i>GFO DF V VGO</i>	

+ BOWLS

ALL ARE VEGAN. CHANGE GRANOLA FOR GF OPTION.

ORIGINAL	22
COCONUT WATER, BANANA MIXED BERRIES, ACAI TOPPED WITH OAT GRANOLA, STRAWBERRIES, KIWI, BANANA & COCONUT FLAKES	
FERRERO	22.5
COCONUT MYLK, NUTELLA, BANANA, STRAWBERRIES, ACAI TOPPED WITH CHOCOLATE GRANOLA, STRAWBERRIES, COCONUT YOGHURT, CACAO SAUCE & CACAO NIBS	
BALI BLISS	22.5
MANGO, STRAWBERRIES, PINEAPPLE, WATERMELON, ACAI, TOPPED WITH OAT GRANOLA, STRAWBERRY, RASPBERRY, COCONUT YOGHURT, PASSION FRUIT & TOASTED COCONUT	
PEARY NICE	22.5
ALMOND MYLK, ALMOND BUTTER, CINNAMON, BANANA, STRAWBERRIES, PEAR, ACAI, TOPPED WITH OAT GRANOLA STEWED PEARS, COYO, SALTED CARAMEL SAUCE, TOASTED COCONUT FLAKES.	
SNICKERS	22.5
ALMOND MYLK, CACAO, PEANUT BUTTER, BANANA, ACAI, TOPPED WITH CHOCOLATE GRANOLA, BANANA, COCONUT YOGHURT, CARAMEL SAUCE, CACAO NIBS & PEANUTS	

BOWL ADD ONS	+\$2
VEGAN PROTEIN / PEANUT BUTTER / EXTRA SAUCE / COYO / EXTRA FRUIT / EXTRA GRANOLA (+ 2)	

+ ADD ONS

2 EGGS YOUR WAY (SCRAMBLED +\$1)	6
HOUSE CURED SALMON	8
BEEF SAUSAGE	8
BACON	7.5
HALOUMI	6
HALF AVOCADO	5
MUSHROOM	5
POTATO HASH	8
GRILLED TOMATO	5
SLICE OF GLUTEN FREE TOAST	3
FRIES	8.5
POTATO SKIN CHIPS	8
HALOUMI CHIPS (10 PCS)	12

+ MINI MYLKS

PIKELETS	13
WITH WHIPPED BUTTER, STRAWBERRIES AND MAPLE SYRUP	
MINI EGGS ON TOAST	13
FOR WHEN THEY JUST WANT TO BE LIKE YOU.	
BREAKKY SLIDER	13
BACON OR MUSHROOM AND EGG WITH TOMATO OR BBQ SAUCE.	

GF - GLUTEN FREE
DF - DAIRY FREE
V - VEGETARIAN
VG - VEGAN
O - OPTION

+ SMOOTHIES

GLUTEN FREE & VEGAN

BERRY PIE SMOOTHIE 13

ALMOND MILK, ALMOND BUTTER, MIXED BERRIES, VANILLA PROTEIN, CINNAMON, AND BANANAS.

SUPER GREEN 12.5

BANANA, MANGO, SPINACH, PASSIONFRUIT, COCONUT WATER.

MANGO TANGO 13

MANGO, PASSIONFRUIT, BANANA, ORGANIC COCONUT YOGHURT.

SALTED CACAO 13

BANANA, PEANUT BUTTER, RAW CACAO, SALTED CARAMEL PROTEIN, ALMOND MYLK.

+ LOOSE LEAF TEA

ORGANIC LOOSE-LEAF TEA

POT SERVED FOR ONE 6.00

ENGLISH BREAKFAST, EARL GREY, LEMONGRASS AND GINGER, MINT, GREEN SENCH + JASMIN.

+ MINI ME

12 YEARS AND UNDER

BABYCINO 2.5

KIDS CHOC FRAPPÉ – VG 8

ICE CREAM, ICE, COCONUT MILK, VANILLA, AND CACAO

VANILLA FRAPPÉ- VG 8

ICE CREAM, ICE, COCONUT MILK, VANILLA SYRUP

+ COFFEE

ORGANIC BEANS BY ALL PRESS

	SMALL	LARGE	TAKEAWAY
ESPRESSO	4.5	5	SMALL 5
COFFEE	5	5.5	MEDIUM 5.5
MOCHA	5.5	6.	LARGE 6
ICED LONG BLACK	5	5.5	
ICED LATTE	6	6.5	
COLD BREW	5.5	6.5	
EXTRA SHOT, DECAF, SYRUP		+1	
LACTOSE FREE		+1	
OAT, SOY, ALMOND		+1	

+ SPECIALTY

CAREFULLY SELECTED BY US

STICKY MASALA CHAI LATTE (LEAVES)	7
SPICED CHAI LATTE (POWDER)	5 5/ 6
HOT CACAO	5.5/ 6
ICED CHAI, CHOCOLATE OR MOCHA	7

+ CHILLED DRINKS + PASTRIES

CHECK CABINET FOR OUR RANGE